



A combination of in-person and online training events are available through December 2025. For online sessions, participants must have access to a computer, tablet, or electronic device that will allow them to view and participate with a camera via the Zoom format. Participants will receive the access link for the training with their training registration confirmation. Unless otherwise indicated, all sessions are approved in both Kansas and Missouri for clock hours. Due to the timing of this publication, some information may have changed and sessions added. For current information and to register online, visit: www.ecehub.org/trainings (see last page for a convenient QR code).

Heartsaver Pediatric CPR/AED and First Aid

Thursday, July 10, 2025, 9:00 am-3:30 pm

Cost: \$65

Location: Children's Campus of KC, 444 Minnesota, KCKS 66101

No clock hours will be awarded. Does not include lunch; please bring your own lunch. Light refreshments will be offered. American Heart Association certified course taught by a certified AHA trainer. Instructor-led, hands-on class format reinforces skills proficiency. To include the following: Child CPR, Choking in Children, Infant CPR, Choking in Infants, AED, and First Aid Basics. First aid basics including medical, injury, poison, and environmental emergencies, preventing illnesses and injuries and controlling bleeding & bandaging. *OPTIONAL At the end there will be time available for fingerprinting and a visit to the UPCYCLE center. (Trainer: Connie Ferro & Chloe Nicholson) Age Focus: Infants, Toddlers, PreK

Reading Aloud to Babies and Toddlers

Thursday, July 10, 2025, 6:30-8:30pm

Cost: \$19

Location: JOCO Community College, 12345 College Blvd, Overland Park, KS 66210

Why should we read to babies and toddlers? What does the research say regarding what to read, when to read, and for how long? Participants will review the many benefits of reading aloud to young children, learn best practices, and receive practical ideas as to how to fit reading aloud into daily routines and activities as a way to create learning environments that promote cognitive and socio-emotional development. (Trainer: Luisa Abellan-Pagnani) Age Focus: Infants, Toddlers

Elevate: From Environment to Emotion Series

Cost: \$45

Location: Children's Campus of KC, 444 Minnesota, KCKS 66101

Join us for a three-part training series focused on the everyday strategies that make a big difference in early childhood settings — from classroom design and outdoor play to behavior guidance and family partnerships. Each session is packed with practical tools, thoughtful reflection, and real-world ideas you can use right away. The series consists of six sessions, totaling 12 clock hours (2 clock hours per session). This series will include a focus on family child care, as well. Light refreshments will be provided.

Saturday, July 12, 2025

8:45-10:45 am - Room to Grow: Facts and FUNdamentals of Early Learning Spaces A well-designed classroom doesn't just look good—it helps children learn, explore, and feel safe. In this training, we'll break down the basics of room arrangement and show how the right setup can spark curiosity and create calm, safe spaces. Participants will have the opportunity to evaluate their current environments, share effective strategies, and reflect on ways to enhance their classroom design. (Trainer: Gayle Anderson) Age Focus: Infants, Toddlers, PreK

11:00 am-1:00 pm - Let's Go Outside! Exploring Natural Play Environments Play equipment is expensive! Use everyday tools and nature's gifts to create a natural play environment children can use to expand their imagination, explore nature and its environment, and continue to learn while being outdoors! (Trainer: Gayle Anderson) Age Focus: Infants, Toddlers, PreK

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8:45-10:45 am - Little Minds, Big Feelings: Understanding Social Emotional Development in Young Children Social-emotional skills are essential for the healthy development of all children. In this session, we'll explore seven key areas of social-emotional development and share practical strategies to support these skills in everyday routines. Participants will gain a deeper understanding of how positive, caring relationships and responsive interactions are the foundation when working with young children. (Trainer: Byra Nicodemus-Norman) Age Focus: Infants, Toddlers, PreK

11:00 am-1:00 pm - Connecting from the Start: Creating Strong Relationships with Families Developing positive relationships with the families and children in our early childhood settings is essential for the success of the child. In this session, we will look at how healthy and meaningful interactions with children build brain connections and social-emotional security. We will also explore ways to develop healthy and meaningful relationships with families, respect the family culture, and increase communication to best support the whole child. (Trainer: Byra Nicodemus-Norman) Age Focus: Infants, Toddlers, PreK

AHA CPR Skill Testing

Monday, July 21, 2025, 9:00 am-1:00 pm

Cost: \$40

Location: Children's Campus of KC, 444 Minnesota, KCKS 66101

This session is for skills testing only. (NO CLOCK HOURS WILL BE AWARDED) Participants must take the online portion of the class prior to attending this session and bring the certificate of completion with you to class. AHA Adult and Pediatric AED, First Aid, CPR skills session to be completed after taking the online AHA Blended Learning course. Participants will perform the hands-on portion of the training in person with a certified trainer.

<https://shopcpr.heart.org/heartsaver-pediatric-first-aid-cpr-aed-online> (Trainer: Byra Nicodemus-Norman) Age

Focus: Infants, Toddlers, PreK

4th Annual Directors Seminar

Thursday, July 24, 2025, 9:00 am-3:30 pm

Cost: \$100

Location: Grace United Methodist Church, 11485 S. Ridgeview Rd, Olathe, KS 66061

Join us for a day-long retreat for Directors!

AM Session: Sustaining Your Passion: The Balance of Self and Service Caring for others, whether young or old, is a service of the heart. As early education leaders, your compassion and wisdom shape the foundation of countless futures—impacting not just children, but families, educators, and communities. However, meaningful work requires more than good intentions. The ability to foster and sustain healthy, positive relationships depends on essential human skills. How well do we direct our attention (avoiding switch-tasking), listen actively, gather diverse

perspectives, and carefully choose our words? This program explores these critical interpersonal qualities while emphasizing the delicate balance between serving others and caring for ourselves. When service takes top priority, the self is often at risk. Without balance, even the most dedicated hearts grow weary. Join us for an engaging, educational, and inspiring session designed to fuel your impact and support your well-being—empowering you to continue changing lives. (Featured Speaker: Rachel Krail) Age Focus: Infants, Toddlers, PreK, Adults

PM Session: Director Strategies: Tips and Tricks Early childhood directors are resourceful, key figures in ensuring a program meets the needs of children and the staff who care for them. We will examine what well known leaders in Early Childhood have written about strategies for directors. We will invest time together with other leaders to learn (and share) how to implement important and helpful tips, strategies, and work hacks that may help us lead our programs more effectively and efficiently! Often it is the simple productivity tips that will allow more time for the director to do her most important work - providing vision, guidance, and leadership to those cared for in and by the program. (Facilitator: Nancy Heathman) Age Focus: Infants, Toddlers, PreK, Adults

Currently participating in DLA1 or DLA 2? Or, have you participated before? Contact Janelle Balarashti
jbalarashti@tfckc.org for your coupon code.

Right From the Start: Developmentally Appropriate Practice with Infants and Toddlers

Tuesday, July 29, 2025, 6:30-8:30pm

Cost: \$19

Location: JOCO Community College, 12345 College Blvd, Overland Park, KS 66210

Caring for infants and toddlers is special - your activities and your interactions should look much different with this age group versus older children. Join us in this session as we review infant/toddler development and talk about appropriate activities to boost learning at this age. Participants will discuss Developmentally Appropriate Practice for Infants and toddlers and practice putting DAP into action in their programs. (Trainer: Meg Fuehne) Age Focus: Infants, Toddlers

Sharing Developmental Concerns in Partnership with Families

Tuesday, July 29, 2025, 6:30-8:30 pm

Cost: \$15

Location: Online via Zoom

Sharing developmental concerns can be one of the most difficult conversations that we may have with a family in our care. This conversation can strengthen the partnership and trust between care provider and a child's family when each person feels valued and respected in the relationship. Let's dialogue about how to share developmental concerns in a way that can support families in accessing resources for their child. (Trainer: Lynn Barts) Age Focus: Infants, Toddlers, PreK

Healthy Sexual Development in Children

Thursday, August 7, 2025, 6:30-8:30pm

Cost: \$19

Location: JOCO Community College, 12345 College Blvd, Overland Park, KS 66210

This workshop is designed to equip child care professionals with accurate development information on how young children grow and change regarding their sexual development. The focus is on both the providers gaining awareness about how their own upbringing affects their approach to addressing behavior by the children in their care. It also enables them to make informed decisions about discipline and guidance based on sound, researched developmental milestones that take cognition, social-emotional and physical changes into account. (Trainer: Christine McAtee, LSCSW) Age Focus: Infants, Toddlers, PreK

Foundations of Child Care Series (Three Starting Dates Available)

Cost: \$40

Monday, August 11, 2025

Monday, September 29, 2025

Monday, October 27, 2025

Location: Children's Campus of KC, 444 Minnesota, KCKS 66101

Join us for this 3-day training series to receive the basic foundations of caring for children; 17 clock hours will be awarded. (An OPTIONAL 4th day for CPR/First Aid is available with separate registration for an additional \$50.) Lunch is included each day.

The sample schedule will be (order may change):

Monday: From Diapers to Discovery: A Day in the Life with Infants and Toddlers (9:00-11:00 am)

Monday: Wrestling with Safe Sleep (11:30 am-1:30 pm)

Monday: Transportation (1:45-2:45 pm)

Tuesday: Emergency Preparedness for Early Care and Education Programs (9:00-11:00 am)

Tuesday: Child Abuse and Neglect Awareness (11:30 am-1:30 pm)

Tuesday: Healthy Environments: Disease Prevention and Control (1:45-3:45 pm)

Wednesday: Head to Toe: An Overview of Child Development (9:00-11:00 am)

Wednesday: Safe Supervision of Children in Early Learning Programs (11:30 am-1:30 pm)

Wednesday: Medication Administration (1:45-3:45 pm)

Thursday: CPR/First Aid (9:00 am-1:00 pm) Optional (Additional \$50, separate registration)

Early Childhood Trauma (MO Clock Hours Only)

Thursday, August 14, 2025, 6:00-8:00 pm

Cost: \$0

Location: Online via Zoom

This training session delves into early childhood trauma and provides a clear definition of the different types of trauma children can experience. It delves deeply into how trauma affects the development of the brain in young children, and also discusses ACEs (Adverse Childhood Experiences). The training will cover strategies and techniques for rebuilding and supporting children to develop self-esteem and resilience. (Trainer: Tammy Wilkes, United 4 Children) Age Focus: Infants, Toddler, PreK

¡Voltéalo Positivamente!

Monday, August 18, 2025, 6:30-8:30 pm

Cost: \$5

Location: Online via Zoom

FLIP IT son cuatro pasos de apoyo para ayudar a los niños pequeños a identificar sus sentimientos, aprender un autocontrol saludable y reducir el comportamiento desafiante. Se puede utilizar para intervenciones específicas o para afrontar pequeños desafíos y conflictos cotidianos. (Trainer: Luisa Abellan-Pagnani) Age Focus: Niños pequeños, preescolar

TNT- Teaching Neurodivergent Thinkers

Thursday, August 21, 2025, 6:30-8:30 pm

Cost: \$15

Location: Online via Zoom

Identifying neurodiverse students and how to help them succeed in the learning environment. (Trainer: Jessica Rinehart, PhD) Age Focus: Toddlers, PreK

Music and Movement - Challenging the Body and Brain

Saturday, August 23, 2025, 10:00am-12:00 pm

Cost: \$15

Location: Children's Campus of Kansas City, 444 Minnesota, KCKS 66101

Music and movement can be much more than just a tool used to get the wiggles out. Music and movement is a powerful and highly interactive way to keep children engaged, involved, and learning. Using a variety of materials and strategies teachers will be introduced to the ways they can challenge both the brain and body through planning and facilitating movement and music-related activities. When the entire body is involved so is the entire brain! This course will teach creative ways teachers can facilitate group activities that involve brainstorming, problem-solving, and expression. Learning how to take something routine and integrating higher order thinking skills. (Trainer: Jenna Bodensteiner) Age Focus: Infants, Toddlers, PreK

Tiny Tot Tumbling

Monday, September 8, 2025, 6:30-8:30 pm

Cost: \$19

Location: JOCO Community College, 12345 College Blvd, Overland Park, KS 66210

Witness the wonder of handstands, flips, and cartwheels that are more than fun and games. These moves unlock strength, coordination, balance, and flexibility, especially for our little learners. But wait, there's more! These fun play sessions boost cognitive, social, and emotional growth! (Trainer: Byra Nicodemus-Norman) Age Focus: Toddlers, PreK

Alive and Thrive

Tuesday, September 9, 2025, 6:30-8:30 pm

Cost: \$15

Location: Online via Zoom

Many of the children and adults we encounter have experienced trauma. There are tools we have to build and support resilience and combat the aftermath of trauma. We will learn about, discuss, and practice some techniques that support and strengthen those we encounter each day. (Trainer: Aimee Alderman) Age Focus: Infants, Toddlers, PreK

Classroom Enhancement Project – PreK Series

Begins Friday, September 12, 2025, 12:30-3:00 pm

Cost: \$75

Location: TBD (check location in the Hub portal)

The focus of this training series is to help educators improve everyday interactions with children. The way we interact with young children can have a significant impact on their cognitive, physical, and social-emotional development. The Classroom Enhancement Project inspires early care and education professionals to develop relationships and connections that improve everyday classroom functioning and help children meet important developmental milestones. This series includes 6 coaching sessions to support implementation. Program leaders are invited to attend with their teams free of charge. Each participant will have pre and post-CLASS observations.

Session Dates: 12:30-3:00 pm (25 clock hours total):

9/12/2025 Introduction to CLASS

1/9/2026 Quality of Feedback

10/3/2025 Positive Climate

1/30/2026 Language Modeling

10/24/2025 Educator Sensitivity

2/20/2026 Behavior Management

11/14/2025 Regard for Child Perspectives

3/13/2026 Productivity

12/5/2025 Concept Development

4/3/2026 Instructional Learning Formats

Unshakable: Teaching with Resilience "Empowering Educators to Thrive Through Challenges"

Thursday, September 18, 2025, 6:30-8:30 pm

Cost: \$15

Location: Online via Zoom

In today's ever-evolving ECE setting, resilience is just not a strength it's a necessity. It is important to recognize the role educators play in the lives of children and families we interact with. In this training educators will spend time defining resilience and discover the link between adult stress and its potential impact on an educator's ability to care for children. (Trainer: Ramya Silvers) Age Focus: Infants, Toddlers, PreK

Leading on Purpose: Illuminating Care in Early Childhood Leadership Series (NEEC)

Begins Friday, September 26, 2025, 11:30 am-1:30 pm

Cost: \$60

Location: NKC Hospital Pavillion, 2790 Clay Edwards Dr, NKCMO 64116

This is a Four-Part "Lunch & Learn" Experience for Directors, Leaders, and Educators in partnership with the Northland Early Education Council (NEEC).

Inspired by the groundbreaking work of Carol Garboden Murray, this four-part professional learning series invites early childhood leaders to explore a powerful truth: care is not separate from education—it IS education. Join other early childhood professionals for an engaging Lunch & Learn series that centers care as both a pedagogical practice and a professional stance. Together, we'll reflect on what it truly means to lead with purpose—to create environments where care is intelligent, intentional, and the cornerstone of quality. Lunch is included with the registration fee. (Trainer: Nancy Heathman)

Throughout the series, participants will:

- ☑ Deepen their understanding of care as an essential leadership practice
- ☑ Explore how the 7 Lamps of Care illuminate the way to excellence for us, our staff and the children
- ☑ Learn strategies to erase the myth that there is a divide between care and education
- ☑ Strengthen capacity to lead with clarity, compassion, and conviction

“Care is action! Care is Attitude! Care is Ethics and Care unites us as humans. Care requires us to be intelligent, thinking, respectful, state-of-the-art leaders and teachers of our youngest population. — Carol Garboden Murray, Illuminating Care

✦ Whether you're a program director, site leader, coach, or passionate advocate for young children, this series offers space and time to learn, grow, and be nourished!

Classroom Enhancement Project – Infant/Toddler Series

Begins Friday, September 26, 2025, 12:30-3:00 pm

Cost: \$75

Location: TBD (check location in the Hub portal)

The focus of this training series is to help educators improve everyday interactions with children. The way we interact with young children can have a significant impact on their cognitive, physical, and social-emotional development. The Classroom Enhancement Project inspires early care and education professionals to develop relationships and connections that improve everyday classroom functioning and help children meet important developmental milestones. This series includes 6 coaching sessions to support implementation. Program leaders are invited to attend with their teams free of charge. Each participant will have pre and post-CLASS observations.

Session Dates: 12:30-3:00 pm (25 clock hours total):

9/26/2025 Intro & Looking at Child Development

3/6/2026 Facilitation of Exploration, Learning, and Development

10/17/2025 Domains

11/7/2025 Relational & Positive Climate

4/10/2026 Early Language Modeling & Support

12/5/2025 Teacher Sensitivity

5/1/2026 Quality of Feedback

1/9/2026 Regard for Child Perspectives

5/22/2026 Review & Implementation

2/6/2026 Behavior Guidance & Negative Climate

Go, Baby, Go!

Tuesday, September 30, 2025, 6:30-8:30 pm

Cost: \$19

Location: JOCO Community College, 12345 College Blvd, Overland Park, KS 66210

An infant classroom environment is an important teaching tool to foster the development of infants during their critical years of physical development. In this session, participants will understand how to create a safe, challenging, and predictable environment that will support the physical development of infants through ideas from other teachers as well as developmentally appropriate examples. We will promote the importance of physical development by allowing babies to move and grow through exploration. (Trainer: Meg Fuehne) Age Focus: Infants

Working with Special Needs

Thursday, October 9, 2025, 6:30-8:30 pm

Cost: \$15

Location: Online via Zoom

This training will help identify resources, and activities, and next steps on how to work with students that have special needs or are needing services. (Trainer: Jessica Rinehart, PhD) Age Focus: Infants, Toddlers, PreK

20th Annual Fall Symposium – SAVE THE DATE!

Saturday, October 11, 2025

Cost: \$75

NEW Location: JOCO Community College, 12345 College Blvd, Overland Park, KS 66210

The Family Conservancy's Fall Symposium is Kansas City's premier early education conference. Join us for "Unlocking Potential, Celebrating Impact" with our keynote speaker, Dayonne Richardson, an author and motivational speaker. Attendees will have the opportunity to participate in a variety of sessions from experts in the field, including hands-on workshops and innovative topics and techniques. This conference is an excellent opportunity for anyone involved in early education to learn, connect and share. Registration will be live in early August.

All Our Kin Family Child Care Business Series

Begins October 14, 2025

Cost: \$0

Location: Children's Campus of Kansas City, 444 Minnesota, KCKS 66101 & ONLINE (see below)

This business series, designed by All Our Kin, provides in-home (family) child care providers with the knowledge, tools, and relationships to sustain and grow their family child care businesses. Participation is limited. This series' first and last sessions are in person; the other sessions are virtual/online via Zoom. *Because of required attendance at the in-person sessions and the on-site coaching element, participation is limited to the KC metropolitan area.*

This interactive virtual learning experience will provide participants with:

- Professional development credit for Missouri and Kansas (25 clock hours total).
- Follow-up coaching support
- Opportunities to network and build relationships with other participants
- Resources and materials to enhance business contracts, handbooks, etc.

All sessions are on Tuesday evenings from 6:30-9:00 pm (in person) or 6:00-8:30 pm (online)

October 14, 2025: Intro to Family Child Care Business Institute (In Person at 444 Minnesota Ave, KCKS)

October 28, 2025: Marketing Your FCC Business (Online via Zoom)

November 11, 2025: FCC Contracts (Online via Zoom)

December 9, 2025: FCC Policy Handbook and Partnerships (Online via Zoom)

January 6, 2026: Risk Management and Emergency Preparedness (Online via Zoom)

January 20, 2026: Time-Space Percentage (Online via Zoom)

February 3, 2026: Accounting for Income and Expenses (Online via Zoom)

February 17, 2026: Budgeting and Savings (Online via Zoom)

March 3, 2026: Preparing for Taxes (Online via Zoom)

March 31, 2026: Putting it into Practice (In Person at 444 Minnesota Ave, KCKS)

Reflect, Connect, Grow: A Journey Toward Mindful and Intentional Teaching Series

Location: Online via Zoom

Cost: \$50

This is a four-part reflective series for educators committed to mindful, connected teaching. Participants will explore how self-awareness, intentional communication, and thoughtful classroom design shape meaningful learning experiences. Through guided reflection and practical strategies, this series supports educators in creating inclusive, relationship-centered environments where both children and adults can thrive. It contains three 2-hour sessions, and one 1-hour session. One hour of coaching is available to complement this series for \$15; separate registration.

Thursday, October 16, 2025, 6:30-8:30 pm - Know Yourself, Know Your Impact: Mindful Reflections for Educators

This session invites educators to turn inward and explore how self-awareness shapes teaching practice. Through guided reflection, participants will identify personal values, triggers, and teaching styles—and consider how these influence classroom interactions, relationships, and outcomes for children. Developing reflective habits helps educators lead with intention and authenticity. (Trainer: Jenna Bodensteiner) Age Focus: Infants, Toddlers, PreK

Thursday, November 6, 2025, 6:30-8:30 pm - Positive Pathways: Language, Connection, and Proactive Practices

Effective communication and strong relationships form the backbone of a supportive classroom. In this session, educators will reflect on their use of language, connection strategies, and proactive practices. Through this lens, participants will identify strengths and areas for growth, and learn how intentional, reflective approaches to behavior guidance create lasting positive outcomes. (Trainer: Marsha Wiard) Age Focus: Infants, Toddlers, PreK

Thursday, December 4, 2025, 6:30-8:30 pm - More Than Walls: Creating Intentional Spaces for Learning and Connection

This training explores how intentional classroom and center design can foster deep learning, emotional safety, and meaningful relationships. We will examine how the physical environment functions as a “silent teacher,” shaping behavior, supporting development, and strengthening connections. Through reflection, hands-on examples, and collaborative discussion, participants will gain practical strategies for creating inclusive, culturally responsive, and relationship-centered spaces that embody the values of respect, curiosity, and belonging. (Trainer: Nancy Heathman) Age Focus: Infants, Toddlers, PreK

Thursday, December 11, 2025, 6:30-7:30 pm - Planting What We've Grown: Reflecting on the Journey In this final session of our four-part series, early educators will reflect on their learning, celebrate growth, and explore how to put new knowledge into daily practice. Through guided reflection and hands-on-planning, participants will revisit key strategies from previous sessions and develop practical classroom solutions that support young children's learning and development. (Trainer: Chantelle McCoy) Age Focus: Infants, Toddlers, PreK

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Cost: \$45

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Social Stories: Teaching Behavioral Norms Through Stories (MO Clock Hours Only)

Thursday, October 23, 2025, 6:00-8:00 pm

Cost: \$0

Location: Online via Zoom

In this training, participants will learn about Social Stories and how to effectively use them in their classrooms. They will understand the benefits of using social stories and how to write them for use with the students in their care. (Trainer: Tammy Wilkes, United 4 Children) Age Focus: Infants, Toddler, PreK

Entendiendo el significado del comportamiento infantil

Monday, November 3, 2025, 6:30-8:30 pm

Cost: \$19

Location: JOCO Community College, 12345 College Blvd, Overland Park, KS 66210

¿Se están portando mal o se están tratando de comunicar (aunque tal vez no de la mejor forma)? Los niños intentan comunicar sus deseos, necesidades, intenciones y emociones, y a veces lo hacen de maneras socialmente inapropiadas. Analizaremos e interpretaremos el significado del comportamiento y discutiremos estrategias para abordar el comportamiento infantil y crear un entorno de aprendizaje positivo. (Trainer: Luisa Abellan-Pagnani) Age Focus: Bebés, niños pequeños, preescolar

Easy Adaptations in Everyday Settings

Tuesday, November 11, 2025, 6:30-8:30 pm

Cost: \$15

Location: Online via Zoom

Every child, regardless of ability, deserves to be given opportunities to participate and learn within the same activities and routines as their family and peers. Inclusion doesn't often require expensive or fancy equipment. For many children, inclusion means simple adaptations that any family member or caregiver can do without much time or expense. Collaboration, communication, and the sharing of ideas can lead to easily implemented adaptations across settings. This session provides a framework to think about a child's access to and participation within

everyday settings and activities and the supports necessary to enhance their opportunities for learning. (Trainer: Lynn Barts) Age Focus: Infants, Toddlers, PreK

FLIP It!

Wednesday, November 12, 2025, 6:30-8:30 pm

Cost: \$19

Location: JOCO Community College, 12345 College Blvd, Overland Park, KS 66210

Four supportive steps to help young children identify their feelings, learn healthy self-control, and reduce challenging behavior. Can be used for targeted interventions or everyday minor challenges and conflicts. (Trainer: Luisa Agellan-Paganani) Age Focus: Toddlers, PreK

Breathing and Beyond: Mindful Strategies to Use in the Classroom

Tuesday, December 9, 2025, 6:30-8:30 pm

Cost: \$15

Location: Online via Zoom

This course will be Mindful strategies support social emotional wellness and positive classroom behavior. Will begin by exploring the benefits of teaching breathing strategies and move on to mindful language to use with children, body awareness exercises to teach children, positive self-talk to model and teach, and visual imagery to use. (Trainer: Aimee Alderman) Age Focus: Infants, Toddlers, PreK

REGISTER HERE

