Midwest Summit for Early Childhood Coaches and Trainers Session Descriptions

Day 1:

Keynote Title: "Aha!" to "Ta-da!": Turning Knowing into Doing **Focus Areas:** Adult Learners, Coaches, Trainers

Description: Are you a Coach? A Trainer? Both? Join us for an interactive session where we'll dive into the science of "sticky learning" that transforms knowledge acquisition ("Aha!") into practical workplace application ("Ta-da!"). This session will focus on three aspects of "sticky learning": Science of Learning, Characteristics of Adult Learners and Performance-Oriented Learning Experiences

Day 2-AM sessions:

Session Title: Dodging the Delivery Dogma

Focus Areas: Trainers

Description: As trainers, we usually have a set agenda of topics to cover in a short amount of time. According to Hermann Ebbinghaus's forgetting curve, the typical listener forgets about 50% of content within one hour of hearing it. That percentage may rise to 70% lost within 24 hours and only about 25% is retained after a week. So as presenters, we need to have a clear, simple message presented in a way that our audience will engage to retain. This presentation will offer some tips and tricks to help trainers become the presentation and not just a series of slides to be printed off and filed away in a folder.

Session Title: Getting to Know Me, Getting to Know You

Focus Areas: Adult Learners, Coaches, Trainers

Description: Color personality will be used- Participants will discover why they act and react like they do and why their co-workers do the same. Finding out what makes us tick and what drives us crazy about those little things our co-workers do- and finding ways to deal with them in a healthy productive way.

Session Title: Brain-Based Strategies to Make Learning Sticky

Focus Areas: Adult Learners, Coaches, Trainers

Description: Want to create learning experiences that truly stick? In this interactive session, unlock the secrets of brain-based learning and discover how to facilitate memorable and impactful experiences. You'll explore three key principles and leave with practical strategies you can implement immediately to boost learner engagement and make learning stick! Join us to gain insights and tools that will transform learning experiences and lay the foundation for improved workplace performance.

Day 2-PM sessions: Session Title: Empowering Educators: Transitioning from Coaching to Self-Coaching in Early Childhood Education Focus Areas: Coaching

Description: In this engaging session, we will explore the transformative journey of early childhood educators as they transition from the Practice Based Coaching model to self-coaching practices. Designed for education leaders and coaches, this presentation will outline the process to assist teachers to find and use best practice strategies and how to promote professional growth among teachers. Participants will learn practical strategies to support educators in developing self-coaching skills. We will also discuss how to create a culture of continuous improvement within early childhood settings, where teachers feel empowered to take charge of their own professional development. Join us to discover tools and techniques that can help educators unlock their full potential and foster a thriving learning environment for both teachers and young learners alike. Whether you're looking to enhance your coaching approach or seeking to inspire a new generation of self-directed educators, this session will provide valuable insights and actionable steps for making that transition successful.

Session Title: Build a Better Future with ECE Resources

Focus Areas: Adult Learning, Coaches, Trainers

Description: This session will highlight the importance of accessible resources in shaping positive outcomes for children and families. Participants will become equipped with a toolkit of resources, be able to engage families to access free or low-cost resources to support child development, and be able to encourage ongoing professional development for ECE providers.

Session Title: Bridging the Gap: From Knowledge to Action

Focus Areas: Adult Learning, Coaches, Trainers

Description: Frustrated and tired of facilitating learning experiences that don't lead to lasting change? It's not enough for learners to simply grasp new information—they need to be able to apply it. In this interactive session, you'll discover essential guidelines that support performance-oriented learning, transforming knowledge into action and driving improved workplace performance. You will leave with practical strategies tailored to early childhood professionals.

Day 2: Closing Keynote

Session Title: From Learning to Doing: Building Partnerships for Lasting Impact Focus Areas: Adult Learning, Coaches, Trainers

Description: Do you ever feel like your training and coaching efforts don't lead to lasting change in the workplace? A major barrier to learning transfer is the lack of support and reinforcement from supervisors, directors, and other key staff. In this session, we'll explore how building a 4-way partnership—involving the learner, trainer, coach, and workplace stakeholders (e.g., directors, co-workers)—is essential for successful learning transfer. You'll gain strategies for engaging early childhood professionals and other key staff to foster an environment that actively supports the use of new skills, leading to improved staff performance and, ultimately, better outcomes for children.